



# FERTILITY UPDATE FROM IVF - Orange

Your Orange County Fertility Clinic

## Did you know...?

Last year's Nobel Prize in Medicine went to the British Scientist Robert Edwards, who developed the early technique of In-Vitro Fertilization (IVF), which became an established therapy of modern fertility treatment. Since its development in the seventies, over four million babies have been born by using IVF.

## Patient Testimonial

*"Dear Dr. Mohyi,  
A year ago we were coming to you with our last hopes for a miracle baby. Today, we hold our little baby girl in our arms. You brought us the joy of our life for which no words are enough to express our gratitude. Thank you!"*

## Newsletter Subscription:

Receive our newsletter by email! Subscribe by sending an email to:  
info@IVFOrange.com

## IVF ORANGE PATIENT CARE

IVF-Orange is continuously improving its patient services. Dr. Mohyi and his fertility team go the "extra mile" to provide excellent patient care with thoughtfulness and helpful tools.

As a special offer for a great start in the New Year, IVF-Orange gives **one free complete semen analysis (CSA) to new patients.**

One of the recent improvements include the new website at [www.ivforange.com](http://www.ivforange.com), where couples find easy to understand information about treatment programs, such as IUI, IVF, and male fertility services. The new site is easy to navigate and patients can contact our staff to ask a fertility question with a "simple touch" of a button. Important information about the in-house IVF program is available in Spanish to accommodate Spanish speaking visitors.

Another recent upgrade is the comprehensive male fertility program at IVF-Orange. Besides a detailed male fertility evaluation, which contains the various types of semen analyses and the review of health history of the patient, it also includes the services of gender pre-selection and sperm banking. IVF-Orange is a licensed California Tissue and Cryobank, and therefore fertility patients can take advantage of sperm cryopreservation and long-term storage of semen, embryos and reproductive tissue when undergoing fertility treatment. IVF-Orange is proud to be a full-service fertility clinic providing excellent fertility services under one roof in a compassionate, caring manner.



## FUN FACTS ABOUT TRYING TO CONCEIVE

Fertility is a serious topic, but it's good to lighten up occasionally. Here are some interesting knowledge points about the baby-making challenge.

Having intercourse about 5 days before your ovulating might increase your chance of getting pregnant. Sperm is viable for several days after intercourse and once the egg is released during ovulation, there is only a 24-hour window for the sperm to get to the egg.

When trying to conceive, a mind-body program to reduce stress might help. Researchers at Harvard University found that 55% of women who participated in a stress-reduction program became pregnant, while the control group only had a pregnancy rate of 20%.

The highest odds of becoming pregnant naturally is 20% each month. Even if you are in optimal health and in your most reproductive age, it's 20%.

Studies have shown that oral contraceptives help preventing uterine and ovarian cancer, thus increasing the chances of conceiving when you wish to have a family.

Visit our Website at [www.IVFOrange.com](http://www.IVFOrange.com)